

## Women at the stove | Techrider

### General information

- Participants: 1x performer, 1x lighting technician, 1x sound technician
- Length of the performance: 40 minutes
- Further information: <https://maren-strack.de/performances/frauen-am-herd/>

### Stage and props

- Performance area: 4m x 3m (width x depth)
- Chequered dance floor 4m x 3m (will be brought along)
- 1 x 230 V connection on the stage

### Sound

- 2 active speakers (possibly + 1 sub) to the left and right of the stage + cabling (XLR) to the stagebox (stagebox will be provided)
- Cabling from stagebox to tech desk (XLR)

Boxes can be brought along.

### Personnel requirements

- One technician for set-up and dismantling of light & sound

### Lighting

The lighting can be adapted according to the room and stage situation

- LED Par64 3x
- PC 1 KW 8x
- Profiler 750 w/25° 4x

